

News from the field

The nature of our work shifts with the seasons. These days weeding is almost finished and all our planting is done. Of course we're still busy - in addition to our normal Monday, Wednesday and Friday harvests, we also have big fall harvests of crops that we'll be storing for the later baskets of the season. Potatoes, beets and squash are some of the crops we harvest huge amounts of in September.

We're still cleaning all the garlic and onions we harvested in August. We clean 1000-1500 bulbs of garlic a week. It takes seven or eight weeks to get through our approximately 10 000 garlic bulbs. We're not yet sure how many onions we have this year - all we do know is that they're filling all our spare harvest boxes up.

Despite extreme rain events this summer, the fall vegetable crop is looking very promising. In the upcoming weeks you can expect to see delicious fall fare in the baskets, including celeriac, turnips, parsnips, winter squash and Jerusalem artichokes.

Check your broccoli : It's caterpillar season!

Don't be afraid but there may be little caterpillars in you broccoli or leeks. They are harmless and don't affect the taste of the vegetables. You can soak your broccoli in a bowl of water with salt or vinegar for fifteen minutes to dispel the caterpillars. When you're cleaning your leeks simply remove the damaged parts and put them into your compost.

These caterpillars are a sign that the food you're eating is so tasty, fresh and pesticide-free that the whole animal kingdom wants some!

Family Farm Day - Sunday, September 10 (rain date September 17th)

All CSA members are invited to come and visit the farm between 11 am and 3 pm. There will be a potluck picnic, vegetable crafting for kids, and a garlic braiding workshop for adults. Members will also have the chance to pick flowers and make bouquets throughout the day. The schedule of the events is as follows :

- 11 am - arrival
- 11:15 - first garden tour
- 12:00 - potluck picnic
- 13:30 - garlic braiding workshop (cost \$0.50 per bulb)
kids craft corner - crazy vegetable creatures
- 14:30 - second garden tour